October in Handbridge Dojo classes throughout NEW Beginners 6am Ipm Monday & Thursday KARATE

Westminster Park & Handbridge



Clean sweep in August grading for Westminster Park members. Held at the Handbridge Dojo, members are photographed with Sensei Sherry, 8th Dan.

Training sessions held twice weekly in Westminster Park Community Centre & Scout Hut & Queens Park High School in Handbridge **Training Times**

> Community Centre: Wednesday 6.15 - 7.15pm Scout Hut: Saturday 9.30 - 10.30am

Queens Park High: Monday & Thursday 7 - 8.30pm





Telephone Dave Craggs on: 07711009041 or visit: www.hskc.org.uk