



Wanted!

Running Leaders for your area

You don't need speed to lead

Could you help beginner runners get started? Are you:

- Supportive
- Passionate
- Patient
- Excited by the success of others
- Keen to share your love of running?

If you are interested get in touch to find out how to apply for the Leadership in Running Fitness Course. We'll support and guide you every step of the way.

For more information contact the Run England team on 0121 7817271, email runengland@englandathletics.org.

Application forms are also available from the England Athletics website www.englandathletics.org



Next course in

Chester

Saturday 21st April

Chester Race Course (usually costs £110, free of charge for the first 10 to book)

Contact Sarah Tilling on 01606 330 212 or email

Sarah.tilling@sportcheshire.org