

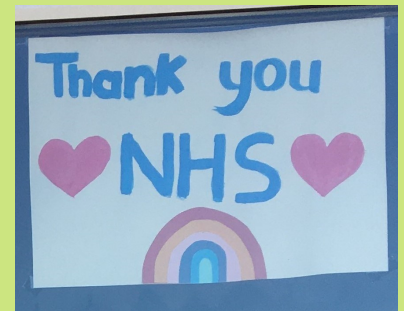
WP News

Westminster Park Residents' Association

WPRA

Bringing our community alive

*One of the many signs of
appreciation for our NHS
workers around
Westminster Park.*


www.wp-ra.org.uk


@wesparkra

Your Community Spirit has been outstanding!

Our community has displayed remarkable qualities in these challenging times from kindness and consideration to stoicism and self-discipline.

We have all had to make sacrifices, but the greatest burden has fallen on those who are most vulnerable to this terrible virus. Shielding and self-isolation, which many of you started in February to protect yourselves and the NHS, has presented many unforeseen difficulties as well as a loss of independence and liberty.

However, hundreds of you in our community have stepped up to help your neighbours overcome these problems.

I have been privileged to coordinate the WPRA local support network which matches requests for assistance with volunteers able to provide it. Your willingness to help people, often total strangers, has been extremely heart-warming.

Not every person who has volunteered has been needed as yet, mainly because as soon as the situation became clear, most of you knocked on the door or slipped a note through the letterbox of those living closest to you whom you thought might appreciate some assistance.

Your offers of help have provided those forced to stay at home with peace of mind in the knowledge that, should they find themselves in a tight situation, there is always someone to call on. Many of our residents and their relatives have asked me to pass on their sincere gratitude to all who have volunteered.

Although 'lockdown' is easing, for many self-isolation will have to continue for their own protection. So our work will not be complete until it is safe for most of our neighbours to leave their homes. Anyone

in need of assistance can still ring me on 07752 854383 and I will continue to put them in touch with one of our volunteers.

Help us to continue to offer support

The coordination of the local support network for the Westminster Park and Lache Lane areas has been willingly undertaken by Westminster Park Residents' Association and the committee members have worked hard to enable it to function efficiently.

This does not come without cost and we are appealing for you to join WPRA in order to provide us with the funds to continue. Our subscription of £3 is not a lot of money, but it makes a big difference when many of you join us.

If you are not already a member, please complete the form on page 11 or go to our website – www.wp-ra.org.uk.

Changes to Annual General Meeting 2020

Our April AGM had to be postponed, but we will now be holding the meeting by teleconferencing on Thursday 9 July. All members will participate by nominating the Chair, Jennifer Crew, to vote on their behalf at the meeting. The committee members and officers are all offering themselves for re-election, but several places remain vacant. If you wish to raise any matters for discussion or propose anyone to join the committee, please contact Penny White, Hon Secretary by email: sec@wp-ra.org.uk or in writing c/o S J Bebbington, Butcher, 53 Five Ashes Road. Please see the notice on page 11.

Evergreen and Gardening Club community support

Although our clubs have not been able to meet up as usual, their committees have still been working hard in our community.

Evergreen members have been receiving regular emails and phone calls and the Gardening Club have been providing advice during a time of lockdown and no green waste collections!

They have also established a very successful plant swap area by the Co-op and now have two further projects to keep us busy over the summer. Firstly, since we have spent a lot of time in our gardens, the club is inviting us to submit two photographs of them to form an online gallery – 'The Secret Gardens of Westminster Park'.

Secondly, we are being encouraged to grow sunflowers in our front gardens which should give an amazing and cheerful summer display. More details on page 3.



VE Day 75

Our spirits were raised in the middle of lockdown when we celebrated the 75th Anniversary of VE Day with socially distanced Street Parties. Our intrepid, tandem-riding photographer, Annemarie MacFadyen, captured the spirit of the day in many photographs, some of which are included on our special pull-out (p6 & 7).

Jennifer Crew

News from your Councillors

Our heartfelt thanks to everyone in our community who is helping out during the Covid-19 Pandemic

The current situation the nation is enduring is affecting everyone in so many ways and it is humbling to see so many volunteers have come forward to help and support vulnerable people in our society. We would like to say thank you to everyone who is playing a part to help others get through this difficult time, for making sure friends, families and neighbours have everything they need. There is a lot of help available and you can find everything you need to know by visiting:

<https://www.cheshirewestandchester.gov.uk/news-and-views/incidents/coronavirus-covid-19/coronavirus.aspx>.

There is dedicated helpline:

COVID-19 HELPLINE SUPPORT - 0300 123 7031. The helpline is open 7 days a week, 8am to 7pm.

There is funding available:

The Council has set up a Community Response Fund worth £500,000 to offer community organisations emergency funding so they can respond to issues as a result of coronavirus. Applications for the Community Response Fund will be considered from groups that show they are providing a service or initiatives that benefits others in their community in response to this emergency.

Members' Budget: Our Members' Budget is now available for other community initiatives. If you have a project which would be of community benefit please do get in touch with us. Last year we were delighted to support various requests including the WPR Summer Fayre, Christmas event and environmental enhancements.

Household Waste and Recycling Centres / Green Waste Collection

Many residents have contacted us regarding the Recycling Centre and Green Waste Collection. We raised residents' concerns with the Council and asked the

question as to when the green waste collection will resume and when the Recycle Centre will re-open?

You will now be aware that that the Recycle Centre in Chester has reopened and will be open seven days a week, 8am-8pm Monday to Friday, and on Saturday and Sunday between 8am and 6pm, to accommodate the expected additional demand. Opening times will be subject to review.

The Council will also be re-establishing green waste collections in Westminster Park from Thursday 11 June, after it was paused to enable staff and vehicles to be redeployed to enable other refuse collections to be sustained safely.

Councillor Razia Daniels

07481 234411 or 01244 312392.

razia.daniels@cheshirewestandchester.gov.uk

Councillor Neil Sullivan

07709 376876 or 01244 671099

neil.sullivan@cheshirewestandchester.gov.uk

Belgrave Primary School

Whilst the country remains in lockdown, Belgrave Primary School pupils have continued to amaze staff with their creative home learning including baking; arts; computing; Geography; times tables, spelling challenges; Viking presentations; card making; gymnastics and even pet shows! Staff are missing the children so much and are looking forward to starting back as soon as it is safe for everyone to do so.

Miss Taylor set the pupils a challenge to take different coloured ribbons to tie onto our school fence to spread positivity at this time. So many pupils with their families, friends

and even their dogs have joined in the challenge to make Belgrave a brilliant colourful rainbow! This is to help cheer people up and also to show our thanks for all those working so hard.

Please share with us in our challenge and tie a ribbon to our school fence!

Juliette Benton



Westminster Park Community Centre

Following Government guidelines, Westminster Park Community Centre remains closed until further notice. If you wish to contact the centre, e-mail: wpc2008@yahoo.co.uk and we will be pleased to answer your enquiry. Please do not call the land line as it is not manned.

Keep safe and well and we look forward to opening the bar and centre in the not too distant future.

Sandra Magilton, Committee Member

Evergreen Over 55s Club

In the March WP News we told of plans for March, April and May. Things changed very quickly and dramatically early in March which meant meetings from March onwards were cancelled along with plans for the Mill Hotel dinner cruise in June and other outings which were being discussed.

We are obviously very sad that we had to do this and hope 'we'll meet again' before too long but at present have no idea when that will be, particularly as many of Evergreen's membership fall into the vulnerable category.

Those who had paid for the Mill Hotel dinner cruise will be refunded and once we have an idea of the future we will discuss discounted membership for 2021 but at present are awaiting developments. If members have any concerns please contact any committee member.

Free online courses for teenagers

If you are finding it hard to keep your teenagers interested in learning while they are not able to go to school, have a look at the courses available free from FutureLearn.

They offer free access to hundreds of online educational courses for school students aged 13+, to continue and expand their learning. The courses vary from creating computer games to maths puzzles to finding out about the universe – there's something for everyone.

Find out more about FutureLearn Schools on their website – search for FutureLearn Schools.



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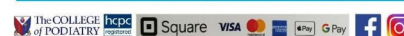
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Sarah Webber Bsc (Hons) MSCh HCPC Reg :CH32605



WPRA Gardening Club

Even if gardening isn't your 'thing' we are lucky that most of us in this area have our own gardens and so, as we have been in lockdown and isolating, we have been able to get out into the fresh air and enjoy this wonderful spring. As with every other club and society in the world, Gardening Club's 2020 programme of talks and visits is on hold - perhaps the autumn events will take place - who knows at this stage, but Gardening Club has not been idle!

The **Plant Recycling area** on the grass beside the Co-op is proving to be a very successful initiative. If you have spare plants, seedlings, packets of seeds or even surplus hand tools then please just leave the items in the box. Nothing seems to stay there for more than a few hours.

We are also encouraging everyone in Westminster Park to **grow sunflowers** in their front gardens to cheer us all up. If you don't have any plants keep an eye on the Plant Recycling area as there are often some there. And it isn't too late to plant your own seeds if you can get them. Although they will be a little late flowering, you should still get a good display.

You may never have been interested in

gardening before now but if you have found it enjoyable during the past weeks and would like to learn more, we would be delighted if you join the Gardening Club. The aim of this Club is to stimulate a knowledge and love of gardening and all members of the Westminster Park Residents Association are welcome to attend.

Our meetings are publicised via the WPRA Newsletter, the WPRA website and posters on the community notice boards. Meetings are held at the Community Centre. So, when 'normal service' resumes, look out for information on our meetings. You can contact Mary Pole for further information: pole.mary@gmail.com



Send us photos of your garden to create a gallery of 'The Secret Gardens of Westminster Park'

Many of us have spent more time in our gardens than ever before. They are weeded, planted, clipped and watered to perfection ... but we can't invite anyone in to show them off.

And so to remedy this we are asking for photos - no more than two per garden - and these will be available to view online in the Westminster Park Residents Association Gallery as from Saturday 27 June.

Please send your photos to Mary Pole at pole.mary@gmail.com before **Friday 19 June**.

Remember, no more than two per garden and these can also include wildlife that visits your garden.

We will display as many as we can but may be constrained by the available digital storage space. No names or addresses will be displayed - the gardens will remain 'Secret'.

Looking forward to seeing all your lovely gardens!

Chester Riverside Rotary

Chester Riverside Rotary Club are still getting together weekly via Zoom.

Angela and Nigel Williams have recently returned from The Gambia, where they have been working on the Sightbox project since November 2019. The article below explains what they have been doing.

All enquiries about your local Rotary can be made to Colin Dollimore on 01244 629167.

Fulfilling a dream

I had a vision. A vision where we could share good practice and create opportunities for the visually impaired worldwide.

This vision was shared with Headmaster Dr John Patterson of St Vincent's School for Visually Impaired in Liverpool. Together we are working to make sure dreams come true for thousands of visually impaired children.

As Ambassador of Sightbox Trust, my dream was to go back to The Gambia and spend time with visually impaired children and young adults developing their communication skills, confidence and independence. So in November 2019 away we went.

Various presentations took place during our five months which included white canes, gym kits, projectors, laptops, hand balls with bells in rural Gambia, card games in braille, providing the correct glasses for people with

Albinism and low vision and taking a trip to Dakar to go on Mercy Ships.

While there we met Rotarians, the British High Commissioner, Government Ministers and went to the compounds of local families.

Our flight home was cancelled due to Coronavirus but we remained safe and after an extra three weeks got a repatriation flight home on 7 April.

It was a fantastic experience which I will never forget.

Angela Williams



Angela Williams and Sharon Wardle, British High Commissioner to The Gambia

View your WPRA membership details and set email preferences

You can view your membership details and email preferences on our members' portal.

Go to our website www.wp-ra.org.uk and then click on the yellow button on the right to take you through to our members' database. Once you have logged in, you can check your details and which emails you are registered to receive, giving you control over what information, if any, you receive from us.

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- ♦ FUNCTIONS CATERED FOR
- ♦ GOLF SOCIETY

THE RED LION - YOUR LOCAL PUB
AT THE HEART OF THE COMMUNITY



THE RED LION, HANDBRIDGE 01244 638849

Did you know that award winning honey is produced in Westminster Park?

Westminster Park's own prize-winning beekeepers, Alan and Kathy took up apiculture when Alan received beekeeping equipment as a retirement gift from colleagues.

Why beekeeping? While discussing what hobby Alan might enjoy in retirement, they were looking for something they could do together. Also, Alan's colleagues had been asking Kathy for ideas for a retirement gift. Around that time, they heard about the decline in bee numbers after widespread use of neonicotinoid insecticides on farms and in the countryside.

They got started by first joining the Beekeepers' Association. Realising that they needed a mentor, a guide, they put an advert in WP News which resulted in a great deal of help and advice. Their mentor has since moved area and as far as they are aware, they are the only beekeepers now in the area apart from a hive on Handbridge allotments.

They bought their first colony of bees in spring 2018 and now have a total of four hives, but three hives live in a blissful orchard in the Old Rectory garden at Eccleston. A healthy happy hive contains approximately 30-40,000 bees, as they have four, they have about 150,000! To date they don't all have names!

It isn't too time consuming a hobby, depending on the time of year. From the end of March to July, they spend about 2 hours a week, checking the hives, making parts for the hives and of course extracting the honey.

Initially it wasn't their intention to take the honey, but they soon realised that the bees make surplus to what they need. They leave them plenty of honey (stores) for the

winter. This beautiful, warm, early spring has seen an excellent start, so they are expecting more honey this year.



Their delicious honey has already won a regional honey tasting trophy for the tastiest honey. Not bad for a pair of newbies!

Kathy and Alan advise anyone inspired by their story to join a beekeepers' association and learn all they can for a year, prior to getting their bees.



Interview and articles by Annemarie Macfadyen

Encouraging and identifying bees

Recently, many of us have spent more time in our gardens and, amongst the flowers, will have spotted bees. In Britain we have 270+ species of bees: 24 bumble bees, 245 solitary bees and just one honey bee.

Learning to identify the ones that you see in your garden can be quite satisfying. British bees are not normally aggressive, but most can sting; bumble bees can sting more than once. Watch them but don't annoy them.

Websites and ID apps can help you with identification; The Bumble Bee Conservation Trust sell pocket-sized ID charts for £2 www.bumblebeeconservation.org; the Friends of the Earth website has a great ID guide and useful information about habitat and campaigns to protect bees. The Woodland Trust website has beautiful photos of bees www.woodlandtrust.org.uk

Bee numbers and species have declined in recent years because of mites and viral infections, use of pesticides, loss of habitat including 97% of flower rich meadows. They are one of our most important pollinators of food crops and without them British farmers would need to find alternatives at a cost of £1.8 billion (Friends of the Earth).

So what can we do to help?

We can make our gardens bee friendly by building bee hotels, supplying water and planting native plants with open structures such as dandelions, lavender, poppies, teasel and cosmos www.gardenersworld.com Take part in a bee survey with BumbleBee Conservation Trust or look at iRecord at <https://www.brc.ac.uk/irecord/>.

Verge cutting can be a divisive issue, but perhaps not all areas need the same cutting routine. Locally we could identify areas which could be cut less often.



Can you ignite the spark that helps a child blast off into a world of fun and learning?



PASSION FOR LEARNING is looking for volunteers with a couple of hours a week to spare, who would like to help support children in local primary schools with their reading and learning. We are looking for **enthusiastic adults** who genuinely enjoy the company of children and can bring new experiences and their own passion for learning to the next generation.

- ✓ We provide full training including Safeguarding, as well as ongoing support from our Volunteer Managers.
- ✓ We hold regular social events for our volunteers to recognise their contribution to the local community.
- ✓ You will work with the same children each week in fun and engaging 1:1 sessions during the school day during term time.
- ✓ We also offer opportunities as part of a volunteer team for an hour a week after school as part of our Enrichment Clubs.
- ✓ It is an incredibly fulfilling opportunity which helps the children to **flourish** and feels very **rewarding** for the volunteer.
- ✓ **Prior experience is not necessary.**

If you would like to know more then we would love to hear from you. Please call Diane on 07966 404355, or email diane.clark@passion-for-learning.com

Help start a new Community Food and Wildlife Group

Is anyone interested creating a community food growing and wildlife group in Westminster Park, along the lines of the Incredible Edible initiative and Making Space for Nature?

The Incredible Edible initiative originated in Todmorden and focuses on growing food in under-used public spaces for the benefit of all. The initiative has spread across the country and there are a number of Incredible Edible groups in other parts of Chester already.

Maybe now it could be Westminster Park's turn to join in the enthusiasm for local community food growing!

Making Space for Nature was a groundbreaking report on wildlife conservation which highlighted the importance of wildlife networks and that these are best implemented at a local community scale. Westminster Park is very lucky in that it has



lots of greenspace and these areas could offer opportunities for increasing wildlife and be enjoyed by all the community. More flowers means more insects, means more food for birds, hedgehogs and many other animals! With such benefits for health and wellbeing, as well as food security, there doesn't seem to be a better time to get inspired and start something new. If you would like to be involved or to find out more, please contact Anne Pritchard on 07707 683711 or annepritchard30@gmail.com.

Make friends and enjoy stimulating conversation

NWR is a national organisation of local groups of women who get together to enjoy stimulating conversation and make new friends.

Our local group, Chester Grosvenor, have responded in recent times by holding weekly meetings on-line. Using Zoom, we hold our usual discussion evening on alternate Tuesdays and a new innovation, a virtual coffee morning, on the other Tuesdays. We also have an active Facebook page, so no-one need feel out of touch.

For our first Zoom meeting, we each presented some facts about our favourite building and improved our IT skills by setting the building as a virtual background.

Upcoming discussion topics include: A Night at The Museum: although national museums are closed, most have excellent virtual tours on-line. We will choose an exhibit which we find intriguing and present some information about it.

Silver evening: Wear and discuss all things silver - chemistry, commerce, myths & legends. Hatched, Matched and Dispatched: A review of worldwide and historical traditions and old wives' tales around Life's milestones.

Hopefully we'll soon be able to return to our usual schedule of discussions, invited speakers, theatre or garden visits in person.

Many friendships have been forged at NWR meetings and new members are always welcome.

To find out more, check the NWR website www.nwr.org.uk or email annemarie@macfadyen.net

Annemarie Macfadyen

News from Chester Residents' Association Group (CRAG)

CRAG is a group of 20 residents' associations representing residents within and nearby Chester city centre. Established early last year, CRAG's main aim is to make Chester an **even** better place to live, work and visit, through active citizenship and positive partnership.

Working with local stakeholders, CRAG is developing strategies and proposals to help address the top five issues identified by our members:-

Communication
Homelessness and anti-social behaviour
Traffic management and parking
Public realm
One City Plan

To date, CRAG representatives have attended the CWaC Chester District Advisory Panel meetings and have established relationships with CH1Bid, Cheshire Police, Chester University, Outside In and other interested parties.

As we begin to move out of the lockdown triggered by the coronavirus pandemic, Cheshire West and Chester Council has invited CRAG to be a consulting community

organisation, helping to shape the recovery of our city.

If you have any thoughts on the revitalisation of our city centre that you would like to share, please ring me on 07752 854383 or email me - chair@wp-ra.org.uk.

Jennifer Crew



Spreading a little cheer!

Thank you to our postman for cheering up our day during lockdown.

Postal workers around the UK have been donning fancy dress on occasional Thursdays to show support for the NHS and to put a smile on our faces.



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In glorious weather, Westminster Park residents got together, responsibly, to mark 75th anniversary of VE Day. In small groups in streets and cul-de-sacs, neighbours got out their bunting, deck chairs, fancy dress and music. Of course, this time we couldn't share food, but there were plenty of family picnics, lots of champagne and good-humoured banter at a safe distance. Several beautiful vintage cars were on show and The Queen made an appearance on a balcony. The whole point of the day was to honour those men and women who fought Fascism in WW2 so that we could live freely and we thank them for the peace we have enjoyed. What better way to express our thanks than a good old fashioned street party!



All photographs are courtesy of our tandem-riding photographer Annemarie Macfadyen.



Chester Croquet Club

Chester Croquet Club, like all other sports clubs, has not been open for play yet this season. This is particularly hard for a sport that only plays for a relatively short time, especially as the weather has been so lovely.

However, members of the club based at Westminster Park have not let the grass grow under their mallets and have been keeping up their skills at home.

Sally and Chris Slater have set up a lawn in their back garden, and Sandy Finchett-Maddock is swinging her mallet on a suitable patch of grass.



Croquet has a mistaken reputation of being for posh folk in large country houses, but it is a sport for everyone, everywhere. When Chester Croquet Club is allowed to reopen its doors and start playing again, the members hope that people will come along to have a go at this fun, yet challenging sport where men and women, new and experienced, play on an equal footing. A warm welcome awaits. Look at the website at chestercroquet.club for more information.

Friends of Westminster Park

As you would expect there is not much activity in the park at the moment... however, there has been the installation of the long-awaited fence as part of our safe dog walking area project.

The fence protects the junior football area and allows dog walkers access to the more natural area behind for letting their dogs off the lead. A new gate has been installed at the safe dog walking area to prevent dogs off the lead from escaping onto the BMX track and beyond.

CWaC will be adding some signage and extra hedging and fencing to block accesses that are still unblocked as they are able to.

Glan Aber Tennis Club

We are delighted that we have been able to open our courts. The weather has been perfect and we are so excited to be back out again. The Club have introduced a court booking system in line with the LTA COVID-19: Return to Restricted Play guidance. Only family members may play doubles and everyone else must play singles. The clubhouse remains closed. We are pleased that members are managing to maintain 2m social distancing.

Our coaches are offering one-to-one lessons which can be booked up to 2 weeks in advance. Please contact Jo (07875 108690) or Aidan (07808 657765) directly to book a space.

We cannot currently offer Pay & Play group coaching sessions but these will be back up and running as soon as possible. It is unlikely that summer camps will be able to run this year but there will be coaching on offer.

If you are interested in further information or would like to become a member, visit our website at www.glanaber.com.

Handbridge WI

We have been unable to meet since the start of Lock Down towards the end of March, but members are keeping in contact via Zoom.

It is the centenary of the Cheshire Federation of W.I.s this November and we are looking forward to the celebrations in 2021.

Contact **Maureen 671304**.



Whilst the church is closed due to lockdown, St Mary Without-the-Walls continues to function, through "Together Apart" worship.

The Sunday Storytelling Service is livestreamed on Facebook at 09.30, the 10.30 Parish Communion is broadcast via Zoom, and there is also daily Morning and Evening Prayer. For more information see www.stmaryschester.co.uk and www.facebook.com/stmaryhandbridge or Contact office.stmaryschester@btconnect.com



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WP Golf course

The Westminster Park golf course has now reopened. Social distancing guidance must be followed and new rules are on display on site. Golf can be played twos only unless all members of the group are from the same household.

The cafe is limited to takeaway only.

The golf course management say that the safety of their customers and staff is paramount



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Westminster Park
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westminsterparkgc.co.uk

Shop News

The Interiors Shop

Ros is excited to announce that The Interiors Shop will be reopening from Monday 1 June 2020. Operating reduced hours at first (10am – 4pm Monday – Saturday), the shop will be available for all the usual ranges (cards, paints, gifts etc) as well as some exciting new additions (a superb range of books will be available on self-knowledge, calm and relationships for example).

The café will operate on a take-away basis. However, they are planning on getting extra seating outside so customers can sit and watch the world go by if they would like to (seating will be spaced to provide social distancing).

The store is being rearranged to allow social distancing and there will be signage, hand-gel and regular cleaning down of surfaces to ensure that the environment is as safe as possible for staff and visitors.

Beauty Lounge closes

You may have noticed work going on at the Beauty Lounge – sadly they are a casualty of the current situation. They have posted the following on Facebook to all their customers:

'Unfortunately due to the current coronavirus crisis, our beautiful salon of 14 years must close its doors for good. We are truly heart broken. Myself and my very talented team are so sorry to leave. I can truly say that I will miss such a great community of people and look forward to catching up again one day when we are in a better, safer environment.

I would like to say a huge thank-you to everyone who had attended our business throughout the years. We have met some lovely people and made some great friends.

Please make contact if you have any outstanding vouchers that expire after 01 March 2020 or any treatment courses.

Best regards; Celena, Charlotte, Lois, Edita, Rosie and Jules. Xxx'



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Pharmacy

COVID-19: Supporting our community in these difficult times

We are in unprecedented times. The country is in lockdown and everywhere is closed. But we have remained open at our usual hours throughout and will continue to be open to serve our community. We even open now on a 3-hour rota on bank holidays.

One thing you'll see we've changed, to keep up with government guidelines, is social distancing. When you visit the pharmacy you'll see the posters and notices saying only four unaccompanied adults are allowed in at any one time. Moreover, there are social distancing markers on the floor to ensure the safe 2-metre distance is adhered to at all times. We have also erected 2 large Coronavirus screens as a barrier between staff and customers.

We have increased the range of products we offer so you don't have to travel far for your essentials. We have also started to stock medical grade surgical face masks and hand sanitizer to meet current demands.

As you may not wish to visit your GP surgery at this time, we remind you that we continue to offer a full variety of services. NHS services include the Minor Ailments Service, New Medicines Service, Emergency Supply Service and Urgent Consultation Service. In addition, you can enquire about a consultation with our prescribing pharmacist who can write prescriptions and supply prescription-only medicines.

We continue to offer our free of charge delivery service to our housebound and

elderly patients; and are working closely with NHS and Westminster Park Residents' Association volunteers to ensure each one of our patients receives their medication.

By increasing the number of pharmaceutical suppliers we use, we are ensuring that we have the best possible chance of obtaining both medicines and shop stock.

Contactless payment over the phone is now available to make it easier if you need to pay for your prescription before a representative collects it for you; or if you want some shopping delivered to your door.

That said, we are trying our best to provide all this with smiles on our faces. Which is why we've implemented our very own 'NHS Friday Funday'. If you come and see us on Fridays you'll notice we'll all be fashioning red, white and blue patriotic wigs!



We are here for the community and will remain here for you.

Whatever you need, just ask.

A Message from JJ's Barber Shop

Hi everyone! We hope you are all keeping well at this difficult time. We are looking forward to seeing you all soon when it's safe to do so.

To show our appreciation to the brave frontline NHS staff, who played such an important role in getting our country back on its feet, we at JJ's barbershop would like to give all NHS staff discounted haircuts for 2 months after we reopen at £10 a haircut instead of £13.50. All you need to do is bring your NHS staff ID with you.

Next Issue

Copy date for the next issue is Friday 14 August. Send editorial, letters and advertising queries to:
newsletter@wp-ra.org.uk

Noticeboard

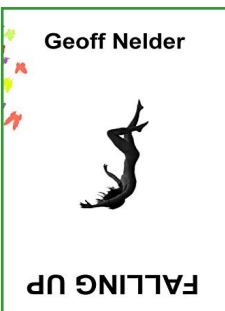
Why not advertise your unwanted items or services on the WPRA Notice Board outside Bebbington & Williams, Fishmongers? Free for household/personal items, £5.00 for business services for 3 months.

To advertise contact Sandra Magilton 01244 677373 or Jennifer Crew 07752 854383.

WP News is published by the Westminster Park Residents' Association (WPRA) with the understanding that from the information presented therein, there can be no responsibility as to the accuracy or legality of the content on the part of the WPRA. Views expressed are not necessarily those of the Editor or Committee of the WPRA.

Views and reviews

New Sci-Fi book by local author



Geoff Nelder, a former teacher at Queen's Park High and award-winning author of 11 books, has had a sequel to his enigmatic sci-fi **SUPPOSE WE** published.

ignore our humans. They use a hidden mission package to gain trust but just as they're exploring the strange planet a new threat comes in alien AI from another system.

In **FALLING UP** we see how the female communication expert deals with the AI, is captured and... well if you thought **SUPPOSE WE** was odd, just wait until you fall into **FALLING UP!**

Available as Kindle, Kindle Unlimited and paperback on Amazon. Search for books by Geoff Nelder.

A spaceship crashlands on a faraway planet but the natives are so advanced they

Life Under Lockdown

After six weeks I thought I might set down my thoughts of life in lockdown. As a resident of Westminster Park, I am lucky to have, like most of us here, a reasonable sized house and a garden. I also have Chris, my wife, for company - so far she is still talking to me! But I can see that those cooped up in flats with lots of children are finding life much harder. Those too, who are living alone, may be lonely.

To date I have found plenty to keep me occupied. Gardening, painting the house and outside furniture, reorganising the garage, sorting out my filing cabinet have all been scheduled and completed. I find it useful to write a list at the beginning of the day - not only does it help to get the job done but it gives one a sense of achievement when it's finished.

Two of our three children live in the south so we have made use of Zoom to see them. Our third daughter, who lives locally, gets a weekly Tesco order and dumps it on the drive when we have a little chat at a safe distance. Chris joins in the NWR Zoom meetings and I am organising similar meetings of Chester Rotary Club. We ring

friends up to keep in touch and enjoy the weekly get together with the neighbours on Thursday nights.

We are over seventy and are observing the Government's guidelines and keeping a safe distance from people. We go out for a walk or a cycle ride most days, usually a short distance, but sometimes longer. We have discovered footpaths in Chester which we did not know existed, after living here for over forty years! We are struck by how much more the people you pass are ready to exchange greetings.

One good thing of all this is that there is definitely a reduction in air pollution. I suffer from mild asthma and usually have to use my inhaler particularly when going to bed. But I haven't used it for over five weeks now and, moreover, the sky seems bluer!

I think our experiences are similar to you all. Life for us is comfortable, but I do so hope we can get back to some sort of normality before long.

Brian Westcott

The information section

Westminster Park Residents' Association Committee

Chair: Jennifer Crew chair@wp-ra.org.uk
07752 854383

Secretary: Penny White sec@wp-ra.org.uk

Treasurer: Sandra Magilton, 31 Rowcliffe Ave.
677373

Editor: Jennifer Crew newsletter@wp-ra.org.uk

Website Co-ordinator: Dave Craggs 682407
webmaster@wp-ra.org.uk

Other Committee members

| | |
|---------------------|--------|
| Olwen Bellis | 678719 |
| Sue Britton | 677936 |
| Pauline Brown | 679823 |
| Susan Eva | 676697 |
| Richard Short | 678559 |
| Brian Westcott | 675431 |
| Annemarie Macfadyen | |
| Lucy Grattan | |

Clubs & organisations based in Westminster Park

Please let the Editor know if any details are incorrect or if you have a club or organisation that you would like listed.

Belgrave Badminton Club: Khal 07786 080089

Belgrave Pre-School: Ashley Middleton
07761 816891

Bowls: Martin Amesbury 679271

Bridge Club: Nick Ryan 675923

Chester Road Runners: Gill Warburton
chesterroadrunners@gmail.com

Cricket: Robert Aldridge 07759 695084

Croquet: John Dawson 675929

Evergreen (Over 55's Club): Sandra Magilton
677373

Friends of Westminster Park: Steve Telford
07976 712339

Gardening Club: Mary Pole 674439

Junior Football: Peter Burke 07798 576790

Lache and Westminster Park Local History Group: Linda Shuttleworth 679791

Model Railway Club, Chester: Colin Dollimore
629167

National Women's Register: Betty McLoughlin
677680

Nordic Walking Group: Ted Rose
01928 722334

Rotary Club, Chester Riverside: Colin Dollimore 629167

Shotokan Karate Club: Dave Craggs
07711 009041

St Mary's Church Parish Office 671202

Tennis - Glan Aber Tennis Club: Sue Britton
677936

Westminster Park Community Assoc: 671243

Westminster Park Walking for Health Club: Fred Whiteley 675085

WI, Handbridge: Maureen 671304

SCOUTING:

Group Scout Leader: Sue Jones 675538

Beavers (Wednesday): Jane Shorthall 682136

Cubs (Monday): Michael Glass

Cubs (Thursday): Christine Owens 676691

Scouts (Friday): Terry Coe 676734

Explorer Scouts (Tuesday): Sharon Johnson

GUIDING:

Rainbows (Wednesday): Krystina Littlehales
07860 845402

Brownies (Tuesday): Jan Hooper 674701

Guides: Contact the District Commissioner:
Krystina Littlehales 07860 845402

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WESTMINSTER PARK RESIDENTS' ASSOCIATION AGM 2020

CHANGES TO THE ANNUAL GENERAL MEETING 2020

The Government's requirements regarding Covid-19 have resulted in the cancellation of our AGM which should have been held on 15th April 2020. However our Constitution states that we are obliged to hold an AGM within 15 months of the previous one, ie by 16th July 2020 to report on the Association's activities in the past year, make any amendments to the Constitution and elect Committee Officers and Members.

If you wish to raise any matters for discussion or propose anyone to join the Committee please let the Hon Secretary Penny White know by Thursday 25th June by email: sec@wp-ra.org.uk Or post c/o S J Bebbington, Butcher, 53 Five Ashes Road, WP.

All members will participate by nominating the Chairman, Jennifer Crew, to vote on their behalf at the meeting which will be held on Thursday 9th July 2020 at 8pm at her home address by video/telephone conference between the principal Officers. Proxy forms will be available on our website www.wp-ra.org.uk from 26th June or can be supplied on application to the Secretary.

Please contact the Secretary if you require a copy of the previous Minutes. They will be posted onto our website on 18th June 2020.

AGENDA

1. Apologies
2. To note the minutes of the last meeting and any matters arising.
3. Chairman's Report
4. Treasurer's Annual Report and audited Accounts.
5. Appointment of Committee Honorary Officers: Chairman, Vice Chair, Treasurer, Secretary and General Committee Members (max of 12 in addition to Hon Officers).
6. Items to be discussed/AOB.

WESTMINSTER PARK RESIDENTS' ASSOCIATION ANNUAL MEMBERSHIP

Names in household:

Address:

Phone: (optional)

Email: (optional)

Please confirm that we can contact you at the above email address Yes / No

Your email address would only be used to advise you of items of interest that are happening within our community. You will not be 'bombarded' with emails nor will your address be released to any 3rd party. Your email preferences can be changed via our website: www.wp-ra.org.uk

How to pay your £3.00

- Cash or cheque (made payable to: 'Westminster Park Residents Association') Post this form and your subscription in our post-box in Bebbington's or give it to Sandra Magilton, Treasurer, 31 Rowcliffe Avenue, Chester, CH4 7PN.

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